

2023 REGISTRATION TO WALK/RUN TEAM NAME (if applicable)

Signature:

Please complete a registration for each participant, regardless of age.

Location: Smith Mountain Lake State Park

Date: Saturday, Sept. 16, 2023

Time: Registration at 9 AM

5K & 10K Walk and Run at 10 AM

Fee: \$10 (18 & over) and \$5 (17 & under)

Join as part of a team or as an individual in support of Lake Christian Ministries' mission to assist residents in Bedford, Franklin and Pittsylvania counties struggling with poverty. Visit www.smlwalktoendpoverty.com **Event Choice:** 5K Run/Walk 10K Run/Walk Gender: Age on Sept. 16, 2023: First Name: _____ Last Name: _____ _____ City: _____ St: Address: _____ ZIP: _____ Email: _____ T-Shirt: Select from the following sizes, or check "No T-shirt" ____ Small ___ Med ___ Large ___ X-Large ___ XX-Large ___ XXX-Large AdultSize: Small Med Youth Size: No T-shirt Make checks payable to Lake Christian Ministries. Please write "walk" and your team name, if applicable, on the memo line. Mail registration form and registration fee by Sept. 6, to: Lake Christian Ministries, SML Walk to End Poverty, P.O. Box 695, Moneta, VA 24121-0695 Participant Waiver: In consideration of this registration form, I hereby, intending to be legally bound for myself, my heirs, executors and administrators, waive and release any and all rights and claims or damages I may accrue against the persons or organizations affiliated with this event (including Lake Christian Ministries and any and all sponsors) for any and all injuries that may be suffered by me at or in route to or from the event. I attest that I am physically fit and sufficiently trained for this event. As part of the waiver, I acknowledge that I have read and understand all of the above. I have read and understand this waiver and am (check one): Registering as an adult participant or Signing as the parent/guardian of a participant

A financial statement for LCM is available upon written request from the Commonwealth of Virginia, Office of Charitable and Regulatory Programs.

Date:



2023 DONATIONS for	(team name, if applicable

Location: Smith Mountain Lake State Park

Date: Saturday, September 16, 2023

Time: Registration at 9 AM

5K & 10K Walk and Run at 10 AM

Walk/Run Fee: \$10 (18+) and \$5 (17 and younger)

All donation proceeds benefit Lake Christian Ministries, a 501(c)(3) nonprofit organization that provides food assistance and other vital services to Bedford, Franklin and Pittsylvania county residents in poverty. Please make all checks payable to **Lake Christian Ministries** and write "Walk" in the memo line. If your donation should count for a specific team, please also write the **team name** in the memo line on your check, or include a note with your check. Donations are tax deductible. For more information, visit smlwalktoendpoverty.com or lakechristianministries.org.

Your Name	Team Name	
	City	
Telephone	Email	
Donor Name, Address, Phone N	umber (please print)	Donation or Pledge Amount \$\$
		, \$
		\$
		\$
		\$
		\$
		\$
		\$
Please list additional donations and/or	nledges on the reverse side of this form	Total \$

If you are on a team, please mail or drop off donation forms and walk registration forms to your team leader by **Sept. 6**. Your team leader will turn in all donation and registration forms, funds, and a list of team members by Sept. 8. Online donations are encouraged through Sunday, Sept. 17.

Thank you for your support!

Financial statement is available upon written request from the Office of Charitable and Regulatory Programs.