



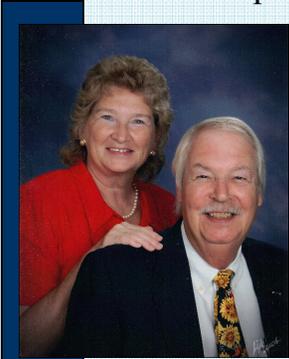
LAST EXECUTIVE DIRECTOR COLUMN *from Mike Bond*

For the past 4 plus years it has been my distinct honor and privilege to serve as Executive Director at Lake Christian Ministries. We have seen tremendous growth in the number of households we serve and the amount of funds raised that help support that growth. The Smith Mountain Lake community always responded when we ask for donations and we are grateful for the amount of support that we get from our member churches, individual donors and our business partners.

When asked what makes a great baseball manager, Earl Weaver manager of the Baltimore Orioles, responded “great players”. I’ve been blessed with great players ever since I assumed the position. We have caring, loving and giving volunteers at LCM and it’s a great place to serve our community. I urge you to consider becoming a volunteer at LCM. We have personnel needs just like any business. So pay us a visit any Monday, Wednesday or Friday from 9:00 am until noon or visit our web site at www.lakechristianministries.org and discover the many volunteer opportunities we have at LCM.

While I am stepping down as the Executive Director, replaced by the very able Chuck Murphy, I’m still going to remain active in the Ministry. I am Vice-Chair of the LCM Board and I will be an Operations Manager one day each week.

Thank you for all of your kind words and good thoughts. There isn’t enough space, or attention span, for me to list everyone that has been so helpful to me. However, there is one acknowledgement I should make. In front of every great woman stands a man with his hands in his pocket. My great woman is my beautiful wife RoJane, who has been with me through thick and thin and helped me immensely throughout my tenure as Executive Director. If I said thank you with love a hundred thousand times it wouldn’t be enough.



Lake Christian Ministries
invites you to an

Open House

tuesday, may 5, 2015

5-7 pm

lcm offices: 13157 s. old moneta road

Please Join Us as We:

- thank you for your past support
- give you a brief tour of our facility
- provide an opportunity to see how we deliver essential services to our neighbors in need
- offer ways for you to contribute your talents as an lcm volunteer helping with:
 - » operational tasks
 - » data systems support
 - » website management
 - » communications/public relations
 - » grant writing
 - » special events

Light Refreshments will be Served

Kindly Call LCM if You Plan to Attend: 540-297-3214

Lake Christian Ministries





Welcome to Summer COOKOUT

We invite you to bring your family, friends and out-of-town guests to a fun-filled

Welcome To Summer Cookout

featuring burgers, hot dogs and crab legs, hosted by Lake Christian Ministries
on **Saturday May 30th** at the Scruggs Fire House.

The 5 p.m. – 9 p.m. beach-theme event will feature face painting and games for the kids, live music by the Panini Brothers in addition to music provided by Lake Radio's own Tim Hernandez for dancing. Raffle prizes will also be awarded.

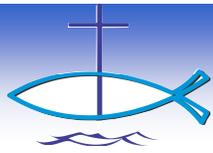
Tickets for the event are on sale at the Visitor's Center (Bridgewater Plaza), Hawk's Deli in downtown Moneta, the General Store on Scruggs Road, Lake Christian Ministries on Old Moneta Road and Rte. 608, or on the LCM website www.lakechristianministries.org.

The \$10 burger/hot dog menu includes a can of soda and bag of chips.
The \$25 crab leg dinner includes soda or water, coleslaw, potato salad, bread & bibs.
A limited number of crab dinner tickets will be available
so don't wait to purchase yours!

Raffle tickets are \$10 each/3 for \$25,
and may be purchased from an LCM volunteer
or at the cookout.

Cash prizes include (1) \$1,000, (1) \$500 and
(3) \$100 awards.





JOB OPENINGS FOR CRITICAL TASKS AT LCM

We have 4 separate job openings for critical tasks at LCM. Most of these jobs have components that can be accomplished offsite including at home. If you have the skills or know someone who does, please consider taking on this work.

JOB ONE: LCM WEBMASTER

The LCM web site is created through a specific application. Whoever takes over will have to learn the application. They will also take on the administrative function of the site. They will be expected to update the various areas when requested. The good news is the application is not complex and is built to be learned fairly quickly through on site training and mentoring. The current webmaster and our IT specialists will provide the training.

JOB TWO: MONTHLY POWERPOINT PRESENTATION

Each month we play a PowerPoint presentation in our lobby for neighbors waiting for service. This can be prepared at home using information provided by LCM volunteers. It can be emailed to an operations manager who will load it on the computer

JOB THREE: REMOTE PANTRY COMPUTER PERSON

We operate a pantry on the 2nd Thursday and 4th Saturday of each month. We need someone who will come to LCM, upload data for the pantry onto our laptop, take the laptop to the site, return the laptop and data to LCM the same day. This takes about 4 hours in the morning. The process is easily learned.

JOB FOUR: DATA ENTRY CLERK FOR JIM CAMERON MEMORIAL WALK

Bart Matthies' Cameron Walk committee needs one or more persons who will enter information into our system. This job does require you to come to LCM but you make your own hours. The data is not complicated and the project time is largely June through September.

For more information, contact me or the operations managers. Thanks!

Chuck Murphy
Executive Director, Lake Christian Ministries
540-420-3026 lcmexdr@gmail.com



FROM THE GRANT WRITING TEAM

– Nancy Cross, Chairperson

Grants are an important source of funding at LCM, and the Grant Writing Team has been called into action to write grants that will provide some \$70,000 for 2015 (more than 28% of the funds needed to aid our neighbors in need). Dedicated to achieving this worthy goal, team members engaged in aggressive grant writing to secure funding for 2015. Their efforts on behalf of the Ministry and its mission have paid off, for LCM has been blessed with the support of grantors that have entrusted us with their funds in 2015, and we are pleased to pay tribute to them.

While some grants support ongoing programs offered at LCM, others allow us to enhance an existing service or offer a new service or resource to neighbors in need. One of our newer programs includes the offering of Denture Services to enable recipients to smile again and instill them with confidence to pursue enjoying their food, re-entering the job market, and facing others with a new sense of self-worth. LCM has been awarded a \$9,000 grant from the **Bedford Community Health Foundation** to provide dentures to LCM clients who reside in Bedford County. The Bedford Community Health Foundation works with nonprofits to improve the health and lives of so many people in our area, and we are honored to collaborate with them.

The Grant Writing Team focused on locating a similar grant that would facilitate the provision of Denture Services to our neighbors in Franklin County. That search led us to **The Foundation for Roanoke Valley** where among their funding priorities is the provision of quality oral health care for populations not served or underserved, and LCM was awarded a \$7,500 grant.

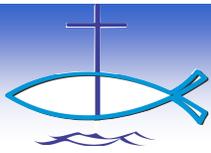
With the Food and Milk Voucher Programs being important resources for our neighbors in need and Food Aid representing nearly 49% of the total budget for Client Aid, the Grant Writing Team wrote grants and received awards from the following grantors:

Food Lion Charitable Foundation awarded a \$3,000 Feeding the Hungry grant for the purchase of healthy food supplies and milk vouchers, thus providing financial support for programs dedicated to feeding the hungry in the communities Food Lion serves.

The Greater Lynchburg Community Trust awarded a \$10,500 grant to provide healthy food supplies and nutrition education to neighbors in need within our defined service area in Bedford County.

The United Way of Franklin County awarded a \$5,000 grant for the Food and Milk Voucher Program for Franklin County neighbors and also honored us with their acceptance of LCM as a Partner Agency.

Our goal through the use of these funds and all we do at the Ministry is to enable our neighbors in need through good nutrition, oral health care and support to move forward toward self-sufficiency and improve their quality of life. The Grant Writing Team looks forward to informing you of our pending grant applications in the next newsletter.



FROM THE PARISH NURSE

- Tami Akin

Until a cat bit my finger, I didn't know how serious a situation it could be. Even though I cleaned it, applied a triple antibiotic, and covered it with a band aid, I was at Urgent Care within 14 hours of being bitten. I developed a red, swollen, painful fingertip, with a red streak going down my finger, across my hand to my wrist. I was given a shot of an antibiotic and placed on oral antibiotics.

I learned from the physicians that a cat bite on the finger can be very serious. People have lost fingers due to a cat bite, because of the vascular nature of the finger, and being in a small compressed area. It would have been less risky being bitten on an arm or leg. Even though I didn't miss a dose of antibiotics, I was hospitalized for an infected cat bite, and placed on IV antibiotics five days after the bite. They were contemplating taking me to surgery, but ended up cleaning the area, lancing it, taking a culture, and draining it, and then dressing it. Luckily, I didn't need surgery, but had whirlpool with two very uncomfortable wound packing procedures.

The wound cultured *Pasteurella*, an aggressive bacteria commonly caused by a cat bite. Animal bites turn into an infection 15-20% from dog bites, and 50% of the time from cat bites (Cross, S., *Pasteurella Multocida Infection*, 2014). "Pasteurella Multocida infection (the most common infection contracted from cat bites) also may be complicated by sepsis (infection in the blood that can be lethal), [Meningitis](#) (infection of the meninges of the spinal column and brain), [osteomyelitis](#) (infection in the bone), [tenosynovitis](#) (the sheath that goes around the tendon becomes inflamed), abscesses, pneumonia, [endocarditis](#) (infection around the sac of the heart), and [septic arthritis](#) (an extremely painful infection in the joint) are additional concerns in bite wounds" (Medscape, 2015)

There is a high risk of infection from an animal bite, if not checked by a medical facility within 8-10 hours of the bite. (Cross, S. *Pasteurella Multocida Infection Treatment & Management*. Medscape 2014.) A parishioner who worked with animals said: "if bitten, express the wound first then put pressure on it.. it's less likely to get infected."

"Animal Bites In Emergency Medicine." (2015, January 26). *Medscape*. Retrieved from: <http://emedicine.medscape.com/article/768875-overview#a0199>

Cross, S. (2014, August 29). *Pasteurella Multocida Infection*. *Medscape*. Retrieved from: <http://emedicine.medscape.com/article/224920-overview#a0199>

Cross, S. (2014, August 29). *Pasteurella Multocida Infection Treatment & Management*. *Medscape*. Retrieved from: <http://emedicine.medscape.com/article/224920-treatment#a1128>



LCM NAMES NEW EXECUTIVE DIRECTOR

Chuck Murphy will be assuming the role of Executive Director of the Lake Christian Ministries with the retirement of our current director, Mike Bond. We're fortunate that Mike will still be with LCM. After a month-long hiatus, Mike will return to volunteer one day a week to mentor Chuck, as well as act in an advisory capacity to LCM and its many volunteers.

Mike has been the Executive Director for the past four years. During that period, Mike has guided LCM through the development of a five year strategic plan which brought extensive renovation and expansion. LCM has seen it's budget grow from \$89,000 in 2008 to its current budget of \$372,000. A 93 KW generator was installed that will enable the ministries building to double as an emergency shelter manned by the American Red Cross. An extensive expansion and remodeling of the ministries' building was completed by a group of volunteers calling themselves the "The Bent Nail Company". LCM also implemented a New Tomorrows program that provides clients the help they need to re-enter the work force and stabilize their lives, as well as Bridges Out of Poverty, a program that pairs clients with mentors who guide them towards independence.

Chuck has been with LCM for eight years. He started out driving a pickup truck to purchase and deliver food for the ministries from Shop Rite Grocery. He was currently sharing the position of Operations Manager with Mark Koch when Mike approached him and asked him if he wanted to be the Executive Director. Chuck assumes his new role in May.



LCM would like to give Mike a heartfelt thanks for his dedication and hard work through his years at the ministries and wish Chuck all the best in his new position.

excerpts from 'Noted Lake Charity Names New Director' by Rebecca Jackson of the Smith Mountain Eagle



AMAZON SMILES on LCM!

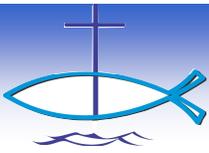
Are you a customer of Amazon.com?

If you are, tell Amazon Smile that you are a supporter of LCM and Amazon will donate 0.5% of the value of your purchases.

Go to **www.smile.amazon.com**,
enter Lake Christian Ministry as your selected charity.

Amazon will take care of the rest.





JUST ANOTHER MORNING AT LCM...CARING FOR OTHERS.

By Jay Furick

My job as a volunteer at LCM is to interview clients, update their family information in our computer system, then to discuss the issues they are facing today and to see how LCM can best help them deal with those issues.

Today a young father came in carrying a very tiny 6 month-old infant that was connected to a portable heart and lung monitoring machine. He told about also having a 2 year old special needs child and a 4 year old. His story made my heart ache.

His wife called him a couple weeks ago and said to come home immediately. When he got there, she said "The 3 kids are all yours; I am out of here." She had just sold their trailer and possessions and told him to take his belongings and gave him custody of the kids.

For now, he lives in a very small house with a friend of his mother-in-law and keeps the tiny infant with him. The other 2 children are staying temporarily in the home of a kind-hearted Christian neighbor. That neighbor brought him to LCM today to allow him to get food and clothing for all of them, some financial aid, and diapers and toys for the kids.

He was extremely well organized. He had birth records, SSN's, and birth dates for the kids. We told him about how schools can provide early childhood intervention services for the disabled 6 month-old and the 2 year old. We provided our normal supply of nutritious food and we outfitted the young man and his family in clothes, even the 6 month old.

This young man has skills in carpentry and construction, but needs to be at home full time to get his family through this immediate crisis. His short-term plan is to rent a trailer to live in, to get help in caring for the children, and to be able to find full-time employment in the local area.

This man and his family are not a part of generational welfare, nor are they "playing the system." They are truly in need.

Today, LCM was able to serve them in their time of trouble with a "hand up," rather than just a "hand out." But their story doesn't end here. They will need our material support and prayers for some time.



.... And at LCM, we are ready to do just that.



PAUL EVELAND EXTRA MILE AWARD

The **Paul Eveland Extra Mile Award** was created to recognize our volunteers who have given extra of themselves to the ministry of LCM.

Named for Paul Eveland who hiked the entire 2,100-mile Appalachian Trail while raising money for LCM, the award recognizes volunteers who go above and beyond for the nonprofit.

On April 14th at the Annual Volunteer Breakfast, the first recipients of this Award were presented LCM's Paul Eveland Extra Mile Award:

Lynda Imirie, Andy Larsen, Al Lorent, and Gale Taylor

On April 27th, at the farewell luncheon for Mike Bond, Chuck Murphy and Colleen McNulty presented the Paul Eveland Extra Mile Award to Michael Bond for his faithful work as the Executive Director.



NEWSLETTERS VIA EMAIL



Due to the rising costs of printing and postage, we ask you to consider receiving your newsletters via email - in **FULL COLOR**. Submit your email address or **CHANGED** email address to: rojanec007@hotmail.com .

EVERY DONATION IS APPRECIATED!

Please mail this form and make all checks payable to:

LAKE CHRISTIAN MINISTRIES PO Box 695 • Moneta VA 24121

ALL DONATIONS are tax deductible and will be acknowledged in the next LCM newsletter.



Your Name _____

Address _____

City _____ State _____ Zip _____

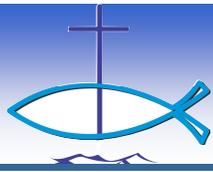
Email _____

AMOUNT ENCLOSED: \$25. \$50. \$75. \$100. Other _____

In Honor Of / In Memory Of (circle one) _____

(Names will be printed in next quarter's newsletter.)

Lake Christian Ministries is a 501(c)(3) tax-exempt organization which has been serving families in Bedford, Franklin and Pittsylvania counties since 1992.



DONATIONS ARE APPRECIATED

INDIVIDUAL DONATIONS

Robert & Jennifer Adams
Tami Akin
Ralph & Paul Alexander
Robert & Mary Appler
Joseph Bandy
Dennis & Betty Barry
Drs. Russell & Sarah Baskett
Steven Beard
Mike & RoJane Bond
John & Pamela Bono
George & Tini Bower
Juergen & Charlotte Braul
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Robert & Marion Wheaton
David & Dottie Wilson
Stuart & Teresa Woodford
Ronald Woodington
Thomas & Marsha White

Lake Christian Ministries is a 501(c)(3) nonprofit organization, located on Old Moneta Road in Moneta. Since 1992, LCM has been providing food, clothing and emergency financial aid to low-income, lake-area residents from Bedford, Franklin and Pittsylvania counties. LCM's Mobile Food Pantry also operates in three locations — Halesford Baptist Church, Penhook United Methodist Church and the Moneta Senior Center.



DONATIONS (CONTINUED)

Paul Eveland's Walk

Brett & Lynn Gosse
Joe & Melissa Hicks
Paula Laag

In Honor Of:

Bob & Pende Ford

Judy Frailing

Friends

Joan & Tony Konopka

Joan Reichard

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Ave & Bill Wenzel

Given By:

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Lynda Imirie

John & Charlene Maresca

Virginia & Mark Konopka

Steven & Dixie Reichard

Ave & Bill Wenzel

Carl & Lois Wenzel

Paul & Michele Wenzel

In Memory Of:

Deceased Relative

Margaret Ande

Tom Bukauskas

William Dallas

Elin Dolan

Natalie Dunne

Dolores Hach

Janet Hill

Given By:

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Jake's Place

Medical Equipment Recycling

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Bethlehem UMC

Bethlehem UMC Men

Crafts United Methodist Church

Epworth UMC

Halesford Baptist Church

Impact Church

Mt. Olivet Baptist Church

Patmos United Methodist Church

Penhook United Methodist Church

Resurrection Catholic Church

Three Oaks Fellowship UMC

Trinity Ecumenical Parish

ORGANIZATION DONORS

Fairfield Cty Community Foundation

Food Lion Charitable Foundation

Fraternal Order of Eagles

Greater Lynchburg Community

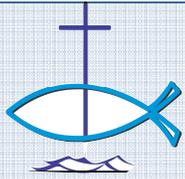
Medical Equipment Recycling

Network for Good

United Way of Central VA

United Way of Franklin County

United Way of Greater Philadelphia



LAKE CHRISTIAN MINISTRIES

**P.O. Box 695
Moneta, VA 24121**

LAKE CHRISTIAN MINISTRIES

**13157 Moneta Road • PO Box 695
Moneta VA 24121**

Phone: 540-297-3214

Hours of Operation:

Monday, Wednesday or Friday

9 AM—12 Noon

Last Tuesday Evening 5:00—7:00 PM

Visit our website:

www.LakeChristianMinistries.org

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LCM is a United Way Partner Agency.

A financial statement for Lake Christian Ministry is available upon written request from the Office of Consumer Affairs, Commonwealth of Virginia. PO Box 1163, Richmond, VA 23218